How to Keep Your Kids Free of Drugs.

Rule #8. Get Involved.

Perhaps the single biggest deterrent to drug abuse is communication - simply talking with your kids about drugs. That's almost impossible unless you've built a foundation. By doing things with them. By getting involved with their school and their sports. By knowing their friends. To learn more about how to reach your kids, call for a free parent's handbook. drugfree.org

The Partnership for a Drug-Free America